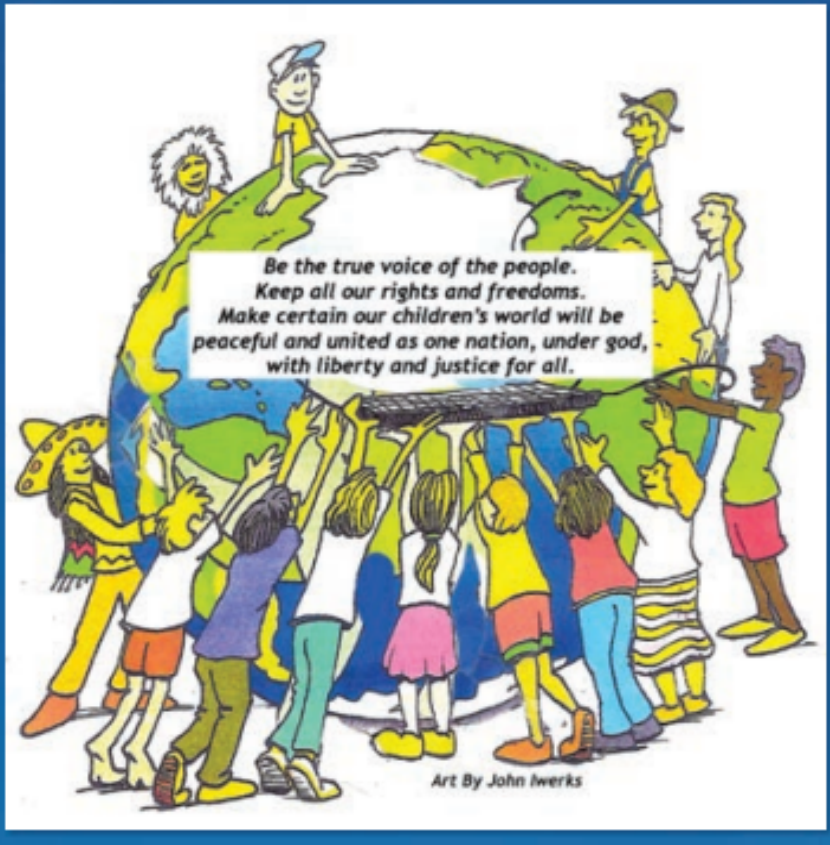
LOVE and UNITY NOW and BEYOND


Be the true voice of the people.
Keep all our rights and freedoms.
Make certain our children's world will be
peaceful and united as one nation, under god,
with liberty and justice for all.
Art By John Iwerks

according to RELIGION and SCIENCE

BARRY JAMES

A Foreword -
Love and Unity

The words in this book will remind all of us that our most important goal is the future of all our children and their freedoms and rights. They are our greatest gift in life! We all connect that powerful love between parent and child. That true love binds us together as families and citizens of America.

Make certain our children's future will be peaceful and joyous. Please email this message of Hope to all you know, and ask them to do the same. We as parents need to come together as one Nation of Americans. Our Nation and our Democracy are both at stake. Save our Rights and freedoms and help all the world's children.

I wrote this book in 2021. I thought that in the future, if there were problems of fighting and wars, maybe these words in my book would help the people. I never could have imagined this book would be needed so very, very soon.

Love is better than hate. Democracy is greater than a dictator as a president. Love our children as God Loves all of us.

Barry James

LOVE and UNITY NOW and BEYOND
according to
RELIGION and SCIENCE
A Message for Peace

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We are One Nation under God

•

With Liberty and Justice for All

•

Having Respect and Compassion for Everyone
Ensuring a Better Future for All • Children
We - as One People - Must Stop
Hatred and Harm against One Another
United, we are The American Team and an Example of Power to Countries Around the World

•

We Must All Work Together to Keep our Democracy Alive and Well

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Please Share this Message with Everyone

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Overview by April Rhodes James

When Barry, my partner in every aspect of life, asked me to summarize his book, the concept of humanity struck me as being the underlying message.

Based on his diverse background, Barry brings religion and science together in a way that signifies the logic of contemplating both disciplines to understand existence. He offers thoughtful and educated insights about why we are here and how our actions impact life on earth and beyond.

Unity succeeds in every aspect of daily life regardless of religious or political views, gender distinction, economic stature, race and natural skin tone or color. It encourages harmony in every aspect of daily life; from personal relationships to professional negotiations. And, according to Barry, working in unity will ensure that the future of our children is positive and peaceful.

It happens when we exercise basic courtesy and is most productive when we are willing to listen without judgment and share our thoughts in tactful conversation with an eye to a constructive conclusion. Our differences should strengthen us, not divide us. The parental advice both of us received was to be considerate and be polite. It still works.

As Barry shares in the book, it comes down to embracing basic kindness and respect with a goal of achieving mutual understanding and peace. In other words, trusting the humane principles of The Golden

Rule by treating others with the dignity we expect as fellow travelers.

It is much easier and more rewarding to live with smiles on our faces and goodness in our hearts.

The decision to acknowledge the viewpoints of others - even if contradictory to our own - encourages dialogue geared toward improvements in everything that protects individuals in general, the children specifically, nature and all of planet earth.

WHY THIS BOOK
- WHY NOW

In January of 1776, Thomas Paine published a 79-page pamphlet entitled, "Common Sense." The booklet supported independence of the Colonies. More than a half-million copies were sold, which helped unite the people to win the war with England.

Today in the 21st Century, I have written a short book about human life on earth and the journey of our souls (intelligent energy) to God's realm - heaven. I was brought up in a religious family and, as an adult, have enjoyed a career as a scientist focused on earth's past.

I've put together facts and historical information from both religion and science to help understand that what we do and how we treat each other on earth not only ensures togetherness here, but also for our external existence in the beyond.

With a global virus war impacting all of us, the peaceful future we envision for our children is now on the brink of destruction. While it is encouraging to see young people standing up for their rights and protections, we must work together with them to stop hatred, harm and random killing of fellow citizens. We all have differences but need to remember we are all God's children. Our short life on earth is only the beginning, Our souls continue on to another existence we call heaven. We all know good is better than evil and love is better than hate, as is fundamental within

the principles we were taught as children; love and respect one another and be kind.

This short book is a reminder that our behavior on earth will have an effect on our journey to the beyond. With all that is going on around us and incidents of hostility via social media and on our streets, many have forgotten the words of God and the teachings of Jesus. The nation and our democracy are at stake. Hopefully, this book will inspire us to remember the most important goal is the future for our children. Please read and pass the message forward. With 90-percent of the population believing in God, we citizens should all be hopeful and teamed up in our quest for peace and unity now and forever.

WHO WE ARE

Every parent remembers the moment their child looked up and asked, "Who are we?" "Where did we come from?" "Why are we here?" and "Where do we go when we die?"

I remember asking my dad these questions, but still felt there was more to know beyond the answers he gave me.

I was brought up as Catholic and taught the world was 6,000-years-old and that, when we die, we go to Heaven if we have been good or go to Hell if we were bad.

As a six-year-old, I was interested in rocks; their colors, shapes and crystals. To me, they were pieces of earth and each told a story of how they were made.

At seven, I found my first fossil - a shell - when my dad was digging to plant a tree. *The Golden Book* of fossils and prehistoric animals indicated the shell was 500-million-years old.

But at Catholic school, I was told my fossil shell was from the great flood that covered the earth and destroyed all the bad people, leaving only Noah, his family and two of each animal.

In my early years, I nearly became an altar boy, but couldn't remember all the Latin spoken. As a child in a religious family, I thought about the priesthood.

Yet even as this was all going on, I still continued

to look for rocks, minerals and fossils every place we went and started to build my own small collection, identifying and displaying the findings in egg cartons and on the shelves in my bedroom.

Like most kids, I loved dinosaurs and knew a lot of details about them. In Catholic school, my classmates would gather around me, asking questions about prehistoric life before the great flood. Of course, when the nun came in to teach, I would be sent down to the priest for disrupting the class.

We would discuss when dinosaurs lived. I would say God created them millions of years before the flood and that you could see these great dinosaurs in museums worldwide. The priest would reply that those displays were not prehistoric, but were horse and cow bones made to look like different beasts categorized as dinosaurs. I was not discouraged.

My passion for the earth's past led me to earn degrees in Geology (BS) and Vertebrate Paleontology (MS). Following graduation and for the next 34 years, my wife and I established an international business based on the prehistoric creatures that walked the earth.

As a New Yorker in 1970, I worked with college students to rally for peace and unity.

During the 1980s In California, I spoke out about and lead demonstrations to protect animals from research labs.

And as residents of Pennsylvania, in 2002 my wife and I worked with State Representative Merle H. Phillips, then-Senators Rick Santorum and Arlen Specter to establish protections from overzealous

prosecution for citizens.

I share this because it was (and alway is) truly hopeful, heartwarming and powerful to see people join together as a united force creating change, making life better, and most importantly, ensuring a brighter future for generations that follow.

Now I have even more knowledge to answer any questions about earth's past. And today's children also ask me the same timeless 'who, what, when, where, why & how' questions about human life on earth and beyond.

They also wonder whether, like the dinosaurs, the human race will become extinct.

I want my daughter to explain major life realities to my grandson, including who we are as intelligent beings, what happens when we die and the other timeless questions.

Facts for our children:

1) As a result of biology over millions of years, we as intelligent beings have the ability to recognize the past, the present and our future events as humans.

2) Our energy (soul) continues on after the biological body no longer works to support our minds. The intelligent energy continues into other dimensions beyond that of earth and even beyond our known universe.

Our world comprises four dimensions - length, width, depth and time. When our soul leaves earth, our birthing home, it enters dimensions having no boundaries and no time but with other qualities we do not yet fully understand.

Our intelligent energy continues forever in the

extended dimensions, which are often referred to as Heaven.

I am writing about my knowledge and experience of earth and human intelligence, drawing from both my religious and scientific beliefs. Questions about where we are going and what we should be doing to help one another in our journey through life need to be answered with facts.

We are born and we die; those are facts. Whether we believe in a world that is 6,000-years or billions of years old, we are still one race of people whose souls will continue onward.

While here on earth in our physical or biological bodies, we all must respect one another, support those in need and simply live with goodness in our hearts. To reach God's realm of existence, we need to be united in love and compassion.

God's awareness and power made all of what exists possible and our parents gave us the blessing of our life on earth. Each of us has the responsibility to act as a messenger of love, hope and peace so our energies will travel together to the next level of being - with God.

My wife and I do our best to be good and honest people. We have a small loving family, great friends and a community we treasure. Our focus has never been on money, but on how our lives reflect who we are as a result of our day-to-day actions here on earth.

There are other worlds with in our own universe; 21st Century studies and research indicate some of these support intelligent life. By living with respect and unity during our time on earth, our afterlife could include interconnection with energies from different

intelligent forms; all seeking everlasting existence no matter what planet we were born on.

* * *

The exquisite order (that is) displayed by our scientific understanding of the physical world calls for the divine.

Vera Kistiakowsky, MIT physicist,

GOD IS WAITING

As a person who understands religion and as a scientist dealing with earth's past, I know it is critical that we humans need to come together as one cohesive race of people. We are all citizens of planet earth.

My daughter, as a youngster, asked "Where did we come from?" I told her what I knew at the time, but years later there has been more information discovered.

I feel, in today's troubled world, we the people need to be aware of this information about our journey to the other side - where we will meet up with God.

Earth is just the starting point in our individual journeys; it allows for our birth into existence. With all the factors being just right, energy was able - over a long period of time - to develop a biological body which, in turn, enabled our intelligent power to come into being.

In our universe, light travels at 186,000 miles per second. Using this fact, we know our universe is at least 13.8 billion years old. Evidence that there are multi-universes means we have no idea how the age of our universe compares to the countless other universes beyond ours.

Are the others earlier (and possibly more advanced) or later in their development processes? How do we fit in this incredible path to heaven?

In the process of energy to atoms to solar systems to life on planets, human beings are definitely very special. When you realize there are endless numbers of

universes, that just makes us even more unique in God's plans.

Much has occurred to allow our souls to be born. It took billions of years to go from atoms of hydrogen to the intelligent beings we are today; and it is extremely important to understand who we really are now and our future existence as a spirit of energy (the soul).

For thousands of years, people believed their God was just about the clouds. And 500-years ago, people thought they would fall off the edge of the world if they travelled too far out into the ocean.

The extent of 21st century information gives us the opportunity to understand the path we are all on from earth to heaven.

We know we live in a four dimensional world -- length, width, depth and time. Our energy (soul) is within our mind or brain and our bodies support our souls allowing us to exist on Planet Earth.

The process of male and female DNA uniting generates our internal spark, or our souls, to be born and we live a life on this planet as a result. Are we supposed to gather something in our existence to enhance our passage to heaven?

All through time, people have spoken about the consequences of good and bad, of love and hatred. The messages have been passed down from generation to generation. Are these basic guidelines to help our souls pass through dimensions one, two, three and four (length, width, depth, time) and on to the many others that exist beyond our full recognition at this time?

Our biological or physical body dies and will remain on earth. Our soul or intelligent energy merges

into the fifth, sixth, seventh, etc. dimensions. All that we must know is locked within our soul.

Humans are one of the ultimate beings on God's earth. This requires each of us to appreciate ourselves, our families, our children and all our fellow humans.

How much effect does it have on our passage to the next realms to do good things, to respect and help each other?

We know peace is better than war and good is better than evil. These are values we've been told from childhood forward by parents and as illuminated by religious leaders representing God's word and the teachings of Jesus.

Simply stated, we all know right from wrong. We all need to just do the right thing. We are all basically the same; all existing because of the amazing unification of DNA as God's will.

Is our life on earth thanking God for our birth and existence or are we turning away to embrace evil for so many of the wrong reasons.

Are we choosing to harm people rather than following the simple yet vital Ten Commandments given to us by the Almighty?

Yes, we all have individual ideas and differences, but our souls are the same; each one developed and activated in exactly the same way. And, we all desire to reach heaven.

It is easy to remember:

Good brings happiness and joy.

Bad creates sadness and pain.

United as one human race benefits all of us.

Hopefully, this and the following information will

help us understand who we are and what we need to do to complete our journey to heaven.

GOD'S ANIMALS

God's creations are everywhere we look. How is it that some humans can hurt one of God's most precious gifts to us - the wonderful pets who love unconditionally, the wildlife occupying forests, plains, mountains and oceans across the globe*?*

This is a concern often discussed between compassionate and concerned friends of all spiritual persuasions. God is all-seeing and all-knowing; how does one think the perpetration of suffering will go unnoticed?

Sixty-percent of the American population has at least one pet. They become family members that give unlimited joy and help us deal with the challenges of our human world. The majority of people cherish the opportunity to embrace and provide care for God's furry, feathered or finned creatures. But there are others who disrespect the voiceless, whether knowingly or due to a basic lack of enlightenment. As a friend recently reasoned, if granted a visit to God's home, would we mistreat His pets?

There are countless people who devote their lives to saving, healing and protecting mistreated and hurt animals, many of which have been pets.

The reality is that animals raised as domesticated pets can not always adapt to the harshness of the street or of the wild. They do not automatically revert to survivalist ways and, unless they are willing to put their cautious faith in a friendly stranger, they face insurmountable difficulties.

Then there are the defenseless puppies or kittens piled together in a box and abandoned on the side of a roadway with small odds of being found.

While these friendly strangers care for other people's throwaway pets graciously and with the best intentions, the emotional toll can be overwhelming. They meet one another as protectors of animals at the supermarket or pet stores; walking past another cart filled to the brim with dog or cat food, treats, containers of kitty litter and grooming aids. There is always a knowing smile and the question, "How many rescues do you have at home?"

Some people are so dedicated to doing what they can to help rescues that they establish non-profit groups, build special shelters, set up outreach adoption programs, recruit volunteers and become spokespeople for the voiceless. As is often stated, there is indeed a special place in heaven for these dedicated, selfless souls.

With our humanity, we have been granted the wonderful gift of knowledge and the ability to use that knowledge in positive ways. We are well aware that the kindness and considerations given to people in our lives benefits everyone and makes us appreciate the world around us. Giving aid and compassion to the innocent animals who so willingly trust and so generously love is simply another step on the same path of kindness we show to people; profound benefits are the reward.

Losing a family member is tragic, sad and overwhelming. All too often, however, when a deceased family member had shared their life with one

or more pets, distraught relatives sometimes feel it is acceptable to drive the cat(s) or dog(s) or other pets to a quiet place and drop them off, figuring there will be things available for them to eat and places for them to hide.

This is not the case and most household pets do not know how to survive under such circumstances. If they are not found and cared for by a human protector, these animals often die.

And, it is not unusual for a discarded pet to hide in terror of humans for so long that, by the time a protector does make contact, the animal is experiencing major health issues or injuries. While no rescuer will deny the veterinarian expenses, it can quickly become a financial crisis.

So what is a grieving family supposed to do with their relative's beloved pet when no one wants to give it a home? Get on the phone or internet, find people to care for the animal and, if possible, provide a donation to help defray expenses. It is that easy because there is always someone who will care.

Our dear friend Merle Phillips (a life-long adoptive dog dad in addition to being a wise and compassionate Pennsylania State Representative) constantly said, "People just have to do the right thing." So simple.

As grateful human beings, we can all do the right thing; show one another and show God that we care for family, our neighbors, our communities and most certainly for all of His precious animals.

ETERNAL ENERGY

Look in the mirror and we see our body, which is the outer layer of our human self. The authentic you - the soul - is interconnected with the biological mind. In the 21st century, we all (every one of us) should be able to recognize the positive and negative events occurring all around us.

Only recently have humans begun to understand our true existence and many of the factors affecting everything possible. We all hope to be remembered positively by our loved ones, especially our children, who carry the hopes and dreams of better futures form themselves and our grandchildren.

Everyday, adults should be doing what we can to help, protect *and* encourage our families while providing them with understanding of our existence on earth.

There have been many religions throughout history; some with a single God, some with many different Gods. But no matter your worship beliefs or religion, we are all one race of people.

We have differences in age, height, skin tone and eye color as well as countless preferences in our lifestyles. Yet, we all have the same existing souls. We were all born and live on planet earth, but our *soul* existence is forever.

God the supreme being created the processes that birthed us all into our living world. As children of God, why is it some do good works and some cause harm or even kill others?

Since early humans developed a mind to understand there was something beyond the sky, God's words have been spoken by religious leaders encouraging us to do good deeds, protect and love our families and help others.

It was recognized that these simple, positive principles could encourage members of the human race to respect one another as equals and, ultimately, travel to a much better place after death.

When the guidelines were not followed by individuals, it was deemed the work of evil spirits and that, if they did not make amends, they would end up in a much worse place upon death.

We all are aware there is a greater event that will happen after our bodies die. Yet many still feel their souls can get away with evil actions. Those bad people are not respecting God.

You might hurt others and get away with it on earth, but your actions will affect you and your journey to heaven.

Generations before us didn't have the information known today. Still, they trusted the words of the Bible, knew right from wrong and what they should do to get to heaven. Our 21st century facts give us clues of events that occur in the afterlife.

The following are the main events that initially caused our universe and our lives to begin.

The Catalyst: Microscopic particles of energies form the fabric of the so-called "Nothingness."

The Beginning: The cosmic soup of nothingness

condenses and, as a result, all of the particles of energetic power *merge* to become God, the supreme being.

The Process: God imagines a process or recipe to develop other beings and it all comes into existence.

Multi-Universes: Many universes developed, like soap bubbles floating in the air. Within our own universe there are trillions of galaxies, each one containing billions and billions of solar systems and with hundreds of billions of planets and moons. It only requires looking at the incalculable numbers to realize earth can not be the only world with life and intelligent beings out there in our galaxy. And, with all the other galaxies in this one universe, life has great potential for coming into existence. A great many other worlds will have intelligent life - we just haven't located those other worlds yet. Then, over time, life becomes a soul comprised of energy and and awareness that will exist with God the creator

Earth to Heaven: Understanding what had to occur long before earth ever existed gives us insights to history of life on earth and on our everlasting souls. We are one part of a fascinating existence that should be joyful and a celebration of the wonders all around us.

Can we truly and deeply recognize what is coming for us in the afterlife? If goodness and love take us to God's realm of existence, did the early thinkers have it right that evil and hate will slow us and our journey to God.

Living insensitively and disrespectful of God's Golden Rules is like having rust on a knife blade. When fully polished, the blade cuts clean and quickly. But if coated by bumpy rust deposits, the cutting blade will be slowed down and ineffective.

We should savor our stay at the Earth Hotel because the next step in the journey will begin before we know it. Our soul (energy) will separate from the body it has been housed in and will slip behind our universe's curtains.

In our new roles and manifestations as eternal energy, will we understand how righteous the good and kind path was over the road of bad and hurtful? Those who follow an evil way of life will fall behind, trying desperately to catch up and become a being with God.

God gave us the power of choice as to how we walk the earth, but at bottom line, living peacefully, doing good and acknowledging all people as one united species is the best way to become one with the creator.

* * *

Genesis 1:1 states "God created the heavens and the earth." His creation of the heavens could mean the universe and, since it is plural, heavens could also mean many universes.

BASIC RESPECT

As citizens, we are not just workers; we are intelligent beings who know love and truth is better than hatred and lies. We know what makes our children healthy and strong and what causes them sadness. Our children are our greatest achievement.

Despite our differences, love of our children and family brings us together.

When we cheer our sports teams, our differences are put aside and we are one in support of the athletes.

In the military, there are no differences, people are all brothers and sisters working as one to protect our country.

Today we are at a very important crossroad where focus on family is more critical than ever. With a devastating virus impacting every country, hatred being spoken by leaders looking to divide rather than unite people and basic survival rights being threatened, we must remember our children and grandchildren are what matter the most.

We, as parents and grandparents, need to ensure the future of our families and the future of our nation will be better than today.

It starts with respect and compassion ... because we are Americans and because we are humans.

Two-thousand-years ago, a man walked this earth. He spoke the truth. He cared about children and families and those who were ostracized. He said to treat others as you would want to be treated.

Love and kindness for all people were always first

in his heart. His every word and action was helping people make a better future for everyone.

Throughout history, he has been remembered and honored. His messages are timeless because they are simple and true.

Today we ask "What would Jesus do?" even though we know what he would do and say. The real question is what will you do? And how will you respect his wishes and his teachings.

WHY WE ARE HERE

We are here because the end result of God's supreme recipe for the universe requires the change of pure chemical energy forms into conscious energy.

This alteration brings about the development of life. In the case of human life, God put us on a path where we must beat the odds for survival, become aware, exercise rightful living and, in time, enter an eternal state of existence in the afterlife.

As humans, we are no longer unmindful energy from the stars; we are knowing energy imbedded in a functional body - truly wondrous and with a mind that gives us the capacity to appreciate the good fortune of our existence.

One major component that binds or connects us to other life involves the powers of love. Love is the great affection one feels toward another human (or toward our animals) which allows us to reconnect after the death of our bodies.

Whether family members, friends, dogs, cats, horses, etc., our involved earthbound beings will become interwoven with each other's energy in the afterlife.

Do our energies (souls) come together to form some incredible singular network of knowing and active energy? A cosmic nexus, not unlike our computers, allowing us to 'communicate' in ways unfamiliar to earthly beings?

The internet is like an organism that encircles the earth. It is awake, truly connects life and links people together, no matter where they are in the world. But, without the human component, the internet is just a machine.

Our bodies are like the internet - alive with functions going on without us having to think about them. Take away your body and you are still you within your brain. The body is simply an amazing biological machine supporting our mind's energy (soul).

Today's computers are vast and hold more information than we can possibly access or remember, yet our computer with its immeasurable store of information is not aware that is exists. Like a computer, our brain holds massive amounts of knowledge, much of which we can not access.

Yet, unlike a computer, our minds know we exist. The computer may stop working yet the stored information can be transferred to another unit and, therefore, will exist again; a process similar to the shifts in intelligent energy as a body's physical components stop working. The soul lives on.

We are not the only living beings in our universe. If you purchased a lottery ticket with the odds of winning being one in a million and you purchased 10-million tickets, you would definitely win.

In our universe, we know for a fact there are trillions of galaxies with each one having billions and billions of planets and moons. The chances of life existing elsewhere is 100-percent possible. Certainly we are not alone and, while these life forms would

have different body shapes and appearances, our energies will be the same. This all came about from God.

God would not have put into place so many possibilities for life to originate if there wasn't a reason.

Energy has no length, width or depth and it exists without the need for time. Our soul/energy, while elementally very much the same with each individual, will also be permeated by the individual thoughts and experiences so even though we are all the same, we all have uniqueness.

Matter and energies from the beginning of our universe has flourished and been fine-tuned over a great period of time to create the powerful existing energy that is the soul. Once our souls are freed from our bodies, we truly begin our awareness and understanding of who we are and why we will continue to exist.

Our bodies were born into the four known dimensions - length, width, depth and time, but our truest existence occurs after our bodies cease to support our mind's energy or soul. Once released, our intelligent energy is able to flow into the next realm of existence, the many dimensions beyond, and homeward to God. A lifespan of a hundred years on earth is nothing compared to the forever existence awaiting us.

The earth spins at an incredible speed, yet we don't feel it. We do not see the oxygen we breath, but we know it is exists or we would die. When the soul is released from its body and begins its new existence,

the people we have known and loved will join us in what seems to be the passing of a mere moment.

That brief moment will seem to have gone by for us and then all those we have known will be right beside us in the new universe. From our soul's point of view, we will be out of sight for less than a heartbeat compared to our sense that years of life and love have gone by on earth. When we pass that corner of life, our loved ones will all be there with us in our new existing home - heaven.

Our birthing planet earth seems huge, but we are just an invisible speck in the our universe. In the 1980's, astronomical scientist Carl Sagan had the Voyager *2* space craft take a photo of earth amongst the other planets of our solar system. As the Voyager moved away, earth appeared smaller and smaller and than just disappeared amongst the stars. (Google: 'Earth,' 'Carl Sagan,' 'Voyager').

As humans, we knew we had to breathe or we would die. We saw nothing around us, but that nothing we later called "air." And it was only recently in our span of earthly existence that we were able to describe air as being made up of oxygen, nitrogen and other gases.

We knew things thrown upward would always fall back to earth. Apples fell from trees but we didn't understand why (until Sir Isaac Newton with his extraordinary grasp of physics and mathematics). And now we know molten iron rock is churning in the central core of earth and this force produces gravity and a magnetic field that surrounds our planet. Everything we now know indicates this magnetic field

we can not see protects us and allows for life on earth.

Just as we know air and gravity exist despite being unable to see them, we can not see our souls or even X-ray the brain so the soul is visible as an image on film. But we know our individual energies exist as we live a life on earth and as we continue our journey beyond the physical state. When it is our time, we will be in those other dimensions with God. So with all the wonders that await us, why do we not live peacefully while on earth? This, certainly, is what great thinkers and spiritual leaders have realized, studied and advocated for centuries; exercising peace, love, kindness and truth as the means of having a positive ever after.

In primitive times, the human species was not knowledgeable enough to understand there was more beyond the clouds than the deities that caused the sun to shine, rain to fall and crops to grow. But now we have the ability to learn, analyze and understand what the future - our eternity - holds.

The realm of existence is incredibly vast. With billions of universes, many containing intelligent energy, we all move toward a more advanced dimension - heaven. At present, people can be connected and share ideas via cell phones. It seems likely that, when our souls move beyond the four dimensions of earth, we will still be connected, but in miraculous ways.

IN THE BEGINNING

In the very, very beginning, our minds may have thought that nothing existed. So, how did everything come into existence? We humans don't have the developed minds to understand those earliest times.

And even the greatest minds of today are like children in kindergarten learning their numbers but not yet ready for the complexities of algebra, geometry or calculus. There is still so much to learn about this universe.

It is difficult to wrap our minds around the concept of nothing. Yet all life is a direct result of all that occurred before in the 'nothing' event.

But, in fact, there can not be nothing, because to say there was nothing means there was also something. If we think nothing existed, we must also think in terms of nothing being compared to what .... so we have to figure that energy in some form had developed and possibly combined in some way to produce God with the power to create.

What if our creator came into existence because of the interaction of surrounding energies within the realm of that nothingness? Then is it also possible that the entity we call God now possessed the power to create other life?

Perhaps the power of the creator then established a force to rally those energies and produce universes. Out of these many universes, a percent developed intelligent beings, which led to the dimension of time. It is time that makes us aware of the past and the

present *and* to speculate on the future.

Whatever came before us is still out there. Our reason for existence was put into motion by God. No matter what religion ideology or technical theories one believes in, we are all existing together as a result of God's actions. All life is a direct result of everything that happened.

When our soul disconnects from our physical body, there is no traveling upward or downwards. No matter how or where we die, our soul (energy) leaves the body and slips into the next set of dimensions and a new incredible hereafter.

Our journey to find the very beginning and to know our creator will be accomplished.

WE ARE NOT ALONE

It is important that we, as the human race, stick together as one people. It is no longer a question of whether or not we are alone in the universe.

There have been many thousands of UFO sightings around the world. If only a single one of those sightings is from another world, then we have proof that intelligent beings exist elsewhere in our universe or beyond.

You only have to talk to military personnel or people who have worked at the Pentagon to know the truth about travelers from space. We need to remember that God created the heavens and the earth. Why would an all-powerful and knowing God have produced billions and billions of galaxies, each containing trillions of planets and moons orbiting a star such as our sun.

Why develop a process that brings into being countless other universes if we here on earth are the only ones who exist?

Knowing that other intelligent beings exist on other planets should show us how meaningful and necessary our lives are to one another and to the entire human race.

This should be an important time to recognize exactly who we are, why we are here and what the afterlife holds for us.

When asked for our address, we provide street name and number, city, state, zip code and country. With the knowledge already being accumulated in the

21st Century, we may soon have to add "Planet Earth" to the end of our address.

Planet Earth is our backyard; it should be a happy, friendly place. There is no need to push and shove one another; we all just want to safely reach life's finish line.

This can be an enjoyable experience if we start thinking in terms of one people living together peacefully, honoring individual choices and ideas and simply accepting each other.

We are an acknowledged advanced race of people that covers our earth. What we do in our individual spaces will affect everyone as a ripple effect in every corner of the world.

The way we approach relationships can enhance the potential for great things to happen. Helping others is an easy and positive experience for all parties involved. These things magnify love of live.

We are blessed with feelings and the capacity to truly connect with our fellow humans, animals and every other life force on earth. This is much more productive than causing harm.

Everything is connected by the energy within us as created by God and that energy has the capacity to be globally strong and good or to be felt as a worldwide sadness in the case of unjustly inflicted pain and misery.

Our lives were set in motion a very long time ago and much has happened to bring us to this particular moment in time of the human race.

We have been given gifts beyond our realization by a powerful God and, as intelligent beings, this is the

perfect time to share a universal demonstration of gratitude and respect for our fellow travelers on the way to the ultimate and eternal afterworld.

* * *

One short sleep past, we wake eternally, / And death shall be no more. / Death, thou shalt die.

John Donne, clergyman/poet (1572-1631)

SCIENCE

Science is truth and facts. Science doesn't take away from our beliefs. Science allows us to understand our actions and the future, to give us better answers to the questions we ask throughout our lives.

Science and facts also give us more information that can help us understand how everything may have come together and the greatness of our Superior Being - in other words, what God's world may be like. Facts give us insights, hope and realization about who we are and what we can achieve.

Using facts, we try to explain life and our role in the universe. Science, with all its discoveries, shows us how masterful and powerful God the Supreme Being must be to enable the vast universes to come into existence.

We use the word "universe" to include all stars, planets, galaxies, etc. When we say "universe," everyone understands its meaning. We use the word "God" to represent the creator of all things; the being that came before everything.

Scientists using facts have looked into our past and have basically mapped out the path of the spark that ignited the birth of simple life forms to beings of intelligent energy that will travel beyond our beginnings to our home for all eternity; a place we call heaven.

EVOLUTION

The word evolution is simply a way of describing a process of adaptation that occurs. If someone changes the color of their home, we say they painted the house. Painting is not a bad word nor does it cause stress or anger.

Evolution is a action of change in response to the environment. People today evolved - or adapted - from earlier groups of humans as the world around them changed. The process of evolution has made us the most advanced species on this planet. There are those who look away and express displeasure to anyone using the word evolution or explaining their belief in the process.

But it is important to remember God is above all things, including humanity. The processes that transform atoms to life are God's doing and God put evolution in motion so humans could become enlightened souls, ready for the next step in the journey.

Evolution allows all living things to achieve greatest efficiency. A horn on an animal or a thorn on the stem of a plant both serve a purpose and both horn and thorn have been adapted over time to enhance effectiveness and insure the odds of survival.

The fact remains we are here and we each have a purpose. We can only know our true human capabilities when we know and understand the processes of our mind and body.

Air is invisible to us - we can't see it or feel it, yet

without it we die. Whatever one's belief about how air came to be, we recognize that air exists. We use science to explain the building blocks of air. But, whether we understand or even acknowledge this information does not change the fact that what we breathe in keeps us alive.

We don't see gravity, yet we all agree something holds us to the earth. Science, using facts, explains the action of the force that anchors everything on earth to the ground. Gravity is the single word used to identify a process affecting all of us.

Over vast periods of time on this planet, animals and plants have changed. Again, regardless of individual beliefs as to how the beginnings of earth came to be, facts show us that different types of animals lived long before us. Today, we do not see dinosaurs, huge flying reptiles or, within the times of early humans, wooly mammoths. The animals we see now are different from those of the past

Science defines the process of change as evolution; this is just a word describing change or adaptation over time. Before there were german shepherds, poodles or bulldogs, there were prehistoric wolves.

However, changes in the environment along with slow but steady changes in the animals themselves as they adapted to different circumstances produced the dogs of today.

Again, the process is called evolution. This doesn't tell us how the first prehistoric wolves came to be, but God put the process in motion to maximize the survival capabilities of canine species and so we as humans could develop into intelligent life forms.

We don't have to be experts about the specifics of air, gravity or evolution. However, awareness of the facts help us understand life and how we coexist with the universe.

Having the information doesn't have to change our beliefs. Science gives us the knowledge, as basic or advanced as we choose to explore, that allows us to appreciate ourselves and others as well as everything around us on our truly amazing planet.

RELIGION

The Bible states, "God created the heavens and the earth and all that exists in six days." Science indicates our universe began 13.8-billion-years ago. Humans can determine a 24-hour day by observing patterns of day and night, the turning of the earth in a 24-hour period.

Every planet's time frame of a day will be different due to the size of the planet and the speed of that turning world.

God doesn't need a planet or a sun to determine a day. God just acts and things happen. Why does the Bible say heaven and earth? Why doesn't it list other planets in our solar system? Surely God made all of them when he created earth.

In the early days of humanity, people believed many gods lived just above the clouds. Humans were sacrificed to please the gods. Earth was seen as the center of everything.

The Bible also states God only endowed human beings with intelligence, yet even with these beliefs, people still harm and kill fellow human beings.

We should not be a divided human race since we have great similarities that united us in the past and unite us now.

`Did all of the development of intelligent beings occur just to give us license to belittle, harm and kill one another? We are all cut from the same cloth. We all are God's children.

We are all made of stardust. Stars produce all the elements and when a star explodes, it sends out these

elements that form everything we see today, including us humans.

God did not make each and every one of us, one at a time. God put the process in motion, knowing the results would produce intelligent life.

God exists beyond what we can imagine. Humans deal with time only as biological beings. God exists forever and so will we as energy or soul.

It is possible we sense the presence of a loved one who has passed because, while their physical body is no longer with us, their energy/soul is, perhaps, in transit.

We shouldn't feel divided by the words "six days." The facts are that God -- a Supreme Being -- is out there somewhere in a place we choose to call heaven and that science gives us information on the vastness of the universe and the magnificence of all that God has created.

This shows us how fortunate or blessed we are to exist in this world and how our earthly actions should reflect our gratitude.

* * *

For the wages of sin is death, but the gift of God is eternal life through Jesus Christ. *Romans 6:23*

JESUS AND TRUTH

We use both facts and interpretation to live and to run our lives. We survive or die because of the way we see and interact with our surroundings; the actions we take using information. Facts help us make better decisions in every aspect of survival, including how we choose to offer a better future for our families.

Here is a simple example of the difference between fact and interpretation. When buying a dozen eggs, most people will open the carton and shuffle the eggs around to make sure none are broken. If, instead, you asked someone else to check the carton, they might open the carton and look at the eggs but not pick each one up to check their condition. They would not realize there are broken eggs and would tell you it's a good dozen. This is interpretation, not fact.

In order to be 100-percent sure of something for determining your actions, i.e., deciding to buy the carton of eggs, you need the facts ... the truth.

One significant fact is that most people believe in Jesus. But what is it they actually believe? We know Jesus the man existed. Is he the son of God or is it his factual words spoken to relay God's message that means everything as to how we live our lives?

Researching the writings done at the time Jesus walked the earth provides eyewitness accounts about his life. The Bible was put together 300 years after Jesus lived. In deciding what should be printed, the pope and his staff at the time used stories and information passed down by generations of people.

But, the writings of many people and apostles were not printed in the Bible. Why?

Jesus the man treated all humans with love and total respect, no matter their race, color, infirmities or religious beliefs! He also loved and treated all animals equally, whether pets, farm helpers or those in the wild.

He brought only peaceful ideas to the population. His teachings focused on compassion and helping others and his words continue to provide comfort, strength and instruction today.

There is nothing written anywhere that indicates Jesus hurt, fought or killed anyone in his life. No matter what was inflicted on him, he faced it with his faithful and forgiving soul. These are the facts as told or written about by people who lived during his time on earth - and as put forth in chapters of the Bible later on.

Miracles do not effect the true words spoken by a man who understood God and who spread messages of peace, unity and goodwill for all. Yet, he wanted nothing in return for himself.

Jesus didn't understand everything that goes on in the universe. But he did know what kindness and love meant. He did his best to inform and teach so people then and in the future would know the rewards of following a righteous path to reach an eternity with God.

No matter what religion you are .... or not, something or some being allowed creation to begin, develop and continue to exist. The principles of how civilized people should live were clearly defined in the

words of Jesus. Additionally, the Ten Commandments - inspired by God and given to Moses - offered a path to be taken and followed by good and decent people.

One must wonder why people today in what is considered to be a sophisticated world are so disrespectful and even brutal toward others. How is it possible that anyone who says they believe in God and follow the words of Jesus can easily scorn his intentions? Why is it that, after all the centuries, we still are not even close to being a unified human race?

Even without performing miracles, just Jesus and his words should stop any human from hurting and hating to loving and living in peace.

Two plus two will always equal four. That is a fact. Goodness and love will always be the right path to follow on earth and throughout our uncharted journey beyond earth. Also fact.

* * *

Thou shalt love they neighbor as thyself.

Matthew 22.36-39

JESUS THE MAN

Jesus the man did not have to perform miracles. His words of truth, goodness and acts of charity to all are what we follow in our lives. His simple thoughts of helping and loving one another is what we all need today and in our future.

On planet earth we are all human beings. Millions of years ago, early humans traveled out of what we now call Africa. These people journeyed and settled around the world, forming new societies. All of this happened many, many years before Jesus was born.

These groups of humans invented laws; do not steal and do not kill one another, love family and neighbors. These ideas were spoken by religious leaders to protect and help build the human race.

Jesus, a dark-skinned, dark-haired man from Nazareth is now represented as a white-skinned man with light brown or blonde hair and beard. Why has a Nazarene man turned white?

God's children - all of us humans - still continue to fight and even kill one another just because of skin color.

Pigmentation of the skin is due to how much sunlight or sun's radiation reaches our skin. African and other indigenous people were dark- or black-skinned to protect their bodies from the effects of the sun's radiation.

God made this coloration to save people; not to make people different so they would be outcast by those with lighter skin.

White skin allows living in areas where sunlight is low so more sunlight to be absorbed into the body.

All of that means Nothing.

Skin color is not what God emphasized and what Jesus spoke of; love and unity between all is what Jesus preached. The color skin our bodies are and the shape or features we possess does not change the intelligent energy within our minds.

Dr. Martin Luther King was a great thinker and spiritual man who saw and knew of the injustice that followed dark-skinned people. It was a white man who killed Dr. King. Is that what God and Jesus wanted? Harming or killing each other just because of where we were born and the color of our skin?

We say God sees and knows all, yet we humans think we can con God and God won't notice. Whatever religion we embrace - or not - we were all born and will all die. Our souls with goodness will enter an everlasting existence beyond the physical body's extinction. But we are not the only living beings in the vast universe.

We are not alone. Though we would have different bodies, our energies would be the same. Black, white, brown, green, purple - all possible skin colors, but all created by the power and supreme energy we call God.

We celebrate the reality and beauty of birds, flowers, etc. which having adapted to be of an incredible variety of colors, shapes and sizes. Can we not also celebrate God's human creations because of the wondrous varieties in physical attributes?

LIFE AND DEATH - BODY & MIND

Life. Death. Two simple words that mean everything to us. You're born and live on planet earth. Your mind exists using the ultimate tool of nature - the body. Our bodies and minds work together to accomplish our life's goals. All that we do in life is to enhance our minds to achieve ever greater purpose.

Instead of the word death, which only describes the extinguishing of the physical body, we should call death our awakening.

Many events occurred to enable the birth of life. The look and shape of life forms across the universe doesn't affect our souls.

We are but pioneers in the human race on planet earth and are beginning to understand the soul as eternal energy after death of the body. As advanced as we are intellectually, it is important to share information about our lives *(*and, if possible, that of our ancestors*)* so our children/families can have a perception of existence during life on earth and in the afterlife; so they can picture a better future. As many great teachers have espoused*,* it's not how long you live, but how you live your life.

Death is just the ending of one stage of our everlasting life, like closing a book after reading the story. Now you are ready for a new book to read. A different story. A different manifestation of the soul in the next stage. We can only enjoy being human beings once, but our souls will exist forever in God's limitless heaven.

Where are we going? Why are we here, having been born into existence? What happens after death of the body? When trying to answer these questions, we can only describe what we know of our world and universe at any given time.

Why are we here? We are here to come into existence by being born. What happens after death is that we enter a new form of existence - no longer restricted by our physical body.

Early man of 10,000-years-ago could never imagine or understand cars, airplanes or rockets to the moon and beyond. Today, having questions about the hereafter and our roles beyond death is similar to being those early people.

We, too, are very limited in our knowledge. Even religion can only describe life after death as going to heaven or hell. Science provides facts that give us greater understanding.

Accurately describing God is impossible. How can we detail God when we know so little?

You can say God is all powerful, all knowing and everywhere. These words help us with a perceivable idea of what the supreme being may be, according to our thinking and beliefs.

Life is like an amusement park. We enter as we are born; we can go on the rides at the park and enjoy ourselves or just sit on a park bench and watch time pass us by. At some point, we reach the exit sign and leave as our lives end.

Did we take the opportunities to enjoy our life, our loved ones, our friends? Did we make contacts, participate and bond with others and exercise tolerance

even if our opinions or lifestyles differed? Were we gracious about sharing our time, energy and resources to help the earth and its living beings?

Our true being is deep within our brains. Facts and logic indicates continuation of our awareness after death of our bodies. Within our brains, our thoughts and ideas are made up of intellectual energy (soul), waiting for that moment in time when the soul is released to then exist in the beyond with God. The bottom line is you exist, you are present, you are aware and you are intelligent energy that can never be destroyed.

And as our intelligent energy flourishes in the beyond, our time on earth will seem as if it was mere fractions of a second. For our loved ones on earth, there will be weeks, months, years until their own body's deaths.

The instant our soul is aware of the passing of a dear one, they will seem to be following right behind us, catching up to us; flowing like a river of conscious energy until our souls merge as one.

Each of us has the potential to help ourselves and everyone around us enjoy life on earth. We are all made up of the same energy with the remarkable ability and knowledge to move the human race forward in a positive way. An energy that enjoys all beings in our earthly sphere and experiences the amusement park we call life.

No matter our ethnicity, work choices or social preferences and attitudes about right and wrong, we all come home to our children; they are the center of our lives. We may have differences in backgrounds and

present-day status, but a call for help from our children (or someone's else child) will send us running to help.

We love and protect our sons and daughters and we care about all children of our nation and of the world; this is a reality that unites us. Knowing this, we should remember that if we fight amongst ourselves, others will take advantage of our nation, communities and families. Our dreams of happiness for our beloved children will end.

We bring children into the world; they are a part of us and our love for them connects us to them for eternity. The universe's goal is to reunite us as conscious energy in the afterlife.

The acknowledgement and continuous study of the path we travel and of what lies beyond gives us an advantage over past generations. This is all the more reason to cherish the short time and every adventure we have on earth.

As a seed is needed to grow a tree, energy was required to trigger the beginning of our universe. The adult tree looks nothing like its seed and we ask how the tree and its blueprint to germinate and develop is able to hide within such a small capsule of vital elements. The same is true of the sprouting or birth of all living beings. And the easy answer is that there are miraculous processes at work.

With nature, God has established a method to escape the biological body when is ceases to work. The body, being a machine or support system to maintain a prime objective in the amplification of the soul (energy), must be shed for that soul/energy to proceed to the next level.

Individual energies aware of their surroundings, although slightly different from one another, always hold the wanting or the tendency to be with other energies.

The end product, then, of life on earth is being able to leave this birthing universe and more forward, possibly in the company of compatible energies, toward infinity.

* * *

Jesus said, 'I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die."

John 11:25-26

VIEWS OF OUR LIFE

What is the view based on experiences our energy or inner being encounters over a lifetime? And, what views of life do we carry with us?

Every person lives their life and experiences the world through connections with our loves, our families, friends and pets. Our homes are the center of life of earth.

When we look down at earth from a great height, such as looking out of the window from an airplane at 35,000 feet, we do not see houses or observe life taking place; the view of our living planet changes and we see a different world around and below us.

Experiencing this unique perspective, with our natural curiosity and interest about being in a different world can give us possible insights into the view of our afterlife.

We know the feeling of seeing earth and all the usual features we recognize blur and disappear when viewed from the airplane window. So what is the view *beyond* 35,000 feet? What is experienced beyond the universe itself?

If you stand in front of your computer and talk with someone, they see and hear you because you exist in real time before them and they exist in front of you. Yet, if you walk behind the computer, they no longer see you; you no longer exist as a physical presence in their world.

You are still you, of course, still existing, but can not be seen by those on the other end of the computer

link. Invisible to one world, but existing perfectly as yourself in another dimension behind the computer.

Death allows our energy (soul) to slip away behind the curtain to a plane of existence we can imagine but are unable to truly know until we are there. A baby or young child in a room with its parents knows comfort. Then the parents leave the room and close the door. The baby or child is at a loss. Where did the parents go? They just seemed to disappear.

Yet at the time, unrealized by the baby, the parents are just beyond the closed door. They still exist and are still aware of their child in the room. However, the young one has no experience or understanding of their parent's disappearance.

We are like that baby; knowledge about our intelligent energy in the next existence is like the parents leaving the room. The baby will eventually gain understanding about the disappearing parents.

And in the same way we, with our awareness of everything that has happened in our physical lives, will understand the before and after -- who we were on the earthly plane of existence and who we are as an energy form.

POSITIVE & NEGATIVE ENERGY

Life begins the moment the brain develops energy we know as the soul or intelligent energy. This occurs because of the code and genetic information in DNA, which is passed forward by our parents.

There is a process for life and even greater processes that develop intelligent beings. God developed these processes. And, we were also given guidelines for successful lives on earth.

These principles were taught to us as children and included such solid advice as to always be good, do good deeds, respect all others, love and help one another. They are the positive ideals and actions that give our souls the keys to heaven

On earth, if causing harm, stealing, killing, etc., you go to jail and the freedom of life is now shortened because of your negative deeds. Even though nobody is perfect, we can still be kind and help each other as team players.

Ninety percent of the world's population believes in God, even if the manifestations of God are unique to specific religions or cultures. The bottom line is that religions have grown and developed throughout history to inform and teach people about being decent and kind to ensure a glorious afterlife. Religion always outlines what happens if you are a bully or being evil, trying to ruin another's life.

Just as the connection caused by falling in love has a major impact on our energies, so must good and evil actions play an important role. Working together, being

considerate and telling the truth means we are content, carry less stress and enjoy the benefit of building bonds with one another.

Goodness embraces love, which brings us together in wonderful ways. The power to love one another gives us joy beyond what our minds can comprehend; for centuries, writers and artists have stretched their imaginations to write about or illustrate the magnetism that is love.

We deal with plus and minus electricity in daily life. Throughout the universe there are positive and negatives charges in the form of particles that attract and those that repel.

We know goodness impacts our lives in a positive way while hatred or evil disrupts because of the negativity. The destructive results push us apart, affect the connections with family and friends and can destroy lifestyle structures.

Do the choices we make affect our eternal journey? We know the world is a much happier, healthier, more productive and loving place when people lean toward positive options.

Bad or evil decisions erode togetherness; they hijack love and kindness and we all know how evil takes advantage of those who want only to live with peace and honor and to love family and friends.

Would we allow toddlers to fight and hurt one another? If our children are hurt physically or mentally because of evil actions, does that not affect our family's life?

We try to avoid having such painful things happen because of our senses of love, compassion and rightful

living.

Throughout life, we experience times of both good and bad. We understand right and wrong and internally know the proper way to treat fellow humans. The vast majority of people shares a desire to move forward peacefully, hand-in-hand, grateful for the feelings that goodness toward others brings to our hearts and minds.

When we tap into our "higher self" and search our hearts, we realize something extraordinary yet still inaccessible lies deep within the our brain. (Clues are offered through prayer and meditation or letting go of stress on a hike, sitting on a beach or spending time in the garden; activities that activate the subconscious.)

If love connects and links us to one another here on earth, then why would that bond change in the afterlife? Recognizing the potential of an eternal love, why would anyone choose to be evil in this world? How would a life of being evil (a negative force) on earth impact the magnitude of energy patterns after death? Isn't our forever existence worth being decent and kindhearted since the result of positive connection to all here on earth may well carry over to the great beyond?

Being in love and saying "I love you" creates a chemical reaction in the brain that, when matched by that of the loved one, brings about exhilaration; an undeniable connection of harmony and wholeness; the uniting of two minds, hearts and souls.

We hold our children with affection and feel as if our hearts will melt because of the beautiful and honest rush of love that flows from us to them and back again. The powerful energy that is love unites us on a deep

level that must transfer beyond the physical form and continue to connect our souls in the afterlife.

It is not possible to send a probe into the other dimensions that will allow us to understand exactly how our lives here on earth will affect our souls in eternal existence. We can only accept that what we do here and now to one another is a measure by which to judge our soul status and possibilities in the afterlife.

Despite what one believes about the past, it should not conflict with attempts to understand our future. We have to catch up with the capabilities of our own minds as much as is possible within the confines of our earthly framework.

At this point in the journey, our life is limited by the physical body. What happens after we cross the boundary between planet earth and infinity is currently based on interpretation and supported by faith. So, until we find out for sure, we should enjoy and live life to the fullest, helping others, choosing love and spreading kindness.

* * *

Good, the more communicated, more abundant grows
John Milton, poet (1608-1674)

COMPOSITION OF OUR UNIVERSE

Simply stated: In the beginning, a single point of energy explodes outward creating everything we see today. As the young universe becomes cooler, stars form from hydrogen gas. Then the stars themselves explode to form atoms and elements that make up everything in our universe including all living things and human beings.

And yet, all that is visible to us makes up only about five-percent of what actually exists. The other 95-percent of the universe is composed of dark matter (23-percent) and dark energy (72-percent).

Dark matter draws things together and forms regions of high gravity, forming stars and the cosmic web of galaxies. Dark energy is a repulsive force that pushes things apart to create more empty space. Voids form which allow for dark energy to build up by tearing the universe apart. The forces of dark energy continue to increase, becoming the dominant power by expanding the universe and pushing galaxies farther apart.

Quantum physics is the term used to describe the discoveries of micro particle that appear and disappear into and out of our universe. The fact that these particles come and go seems to indicate other dimensions are involved beyond the four we presently recognize - length, width, depth, time. When our souls leave our biological bodies they will advance as intelligent energy existing in other dimensions beyond the four we know.

ATOMS

Everything around us and all that we see today, all the energy and atoms of elements required for creation came from the stars. The same atomic elements here on earth exist everywhere throughout our universe.

With possible billions of other universes, the odds are very good that some planets within those universes have the correct elements and the dimension of time necessary to produce life. The end result of this would produce intelligent beings that could cross boundaries for an afterlife, in heaven.

Humans developed an alphabets made up of 26 letters. These insignificant letters, when put together, become words with meanings and sentences on the pages of a book that speak out to the reader.

Atoms are like the basic letters of the alphabet; when combined with other atoms, over time they become the building blocks for the development of life and everything that life needs to be sustained.

Water (*H2O*) is made of two atoms of hydrogen and one of oxygen. Two separate gas elements, yet when combined, they form water. Clouds form from water droplets and, as the droplets rub against one another, an electrical charge develops, resulting in lightening.

At the subatomic level, a piece of iron (*Fe*) can be placed right next to a piece of flint (*Si*) and nothing will happen. But striking them together will produce a spark, which in turn will create fire.

Just like the elements that come together and burst

out into the world, we humans will burst out and effect a different existence. Death of the physical body merely allows our spark - the soul energy - to cross boundaries.

Each individual spark has a memory and holds the knowledge that we are all traveling into a future and a great unknown realm beyond earth, which could be heaven.

MANY UNIVERSES

Five-hundred-years ago, people believed the world was flat and that venturing too far into the ocean would mean falling off the edge. The way of thinking in those times was that the flat earth was the center of everything, with God and heaven located just above the clouds.

Using facts gained from early explorations of the world and preliminary studies of the skies, it became apparent the sun was at the center of a vast solar system and that a globular earth and our other planets traveled around the sun.

We recognized earth was part of something much larger than we could imagine - it was only one part of the Milky Way galaxy where hundreds of billions of other solar systems existed. Then, looking farther out into space, we saw trillions of other galaxies within our universe.

Recent evidence reveals there are many other universes, each existing within its own expandable bubble consisting of energies, atoms, elements, galaxies, stars, planets and life.

While the empty space between planets and moons is extremely cold, a circular area in the mapping of our universe has been revealed to be of extreme freezing temperatures. The only possible cause for this is that another universe's bubble is touching our universe. It is the same basic action as when separate soap bubbles float in the air; some will collide and come into contract with one another.

All the factual information and great potential for life on other worlds indicates we are not alone. Other intelligent life forms would and will continue to develop. God's plans are much bigger and broader than we have ever considered. Simply, if life on planet earth was all that God wanted, then why would all the other galaxies and universes exist?

Most importantly, this evidence shows that we humans are amazingly unique. Between our religious beliefs and the scientific information, our 21st-century population should acknowledge the proof - beyond our awareness but also beyond any doubt - that intelligent life forms exist and wait for our arrival. Most certainly, there is a reason for all those other universes and their worlds.

Centuries ago, God's realm (heaven) was just above the clouds. Then it was believed to be just beyond our solar system and, sometime after, heaven was thought to be past our Milky Way galaxy. Still later, we found the shining stars that we see at night with their planets revolving around each star.

With better and more advanced telescopes, we learned there are trillions of galaxies in our universe. And today, we understand there are countless numbers of universes beyond ours. Science has expanded God's works. All the universes came to be for the purpose of producing life which can and possibly will become intelligent beings.

We are the human race living in the 21st-century. Shouldn't we make important decisions or choices using all the facts and information available so our paths through life benefit loved ones, fellow humans

and life forms, the planet in general and our individual selves?

No matter what area of space is studied in our universe, all elements are the same. Hydrogen is hydrogen and atomic particles act and respond the same way everywhere. Therefore, our energies (souls) would seem to be the same intelligent energy no matter what world they were born in.

Regardless of who or what set in motion the start of all these universes, once the recipe of initial energies was mixed and melded and exploded (the big bang), the eventual outcome was life on planets.

In each galaxy, most stars will be like our sun - the center of our solar system - with many orbiting planets and moons. Life, then, has great odds of occurring even if as simple entities. Certainly more rare are the life forms that, given enough time, develop intelligent minds. The capabilities of our brains go far beyond what is needed to survive.

After the death of our physical bodies, our energy (soul) exits for the journey beyond earth and beyond the Milky Way galaxy and out of the bubble of our universe. There must be a constant flow of intelligent energy flowing from every living world, all ending in the place we call heaven.

* * *

Put three grains of sand into a vast cathedral and that cathedral will be more closely packed with sand than space is with stars. *Sir James Jeans*

SUPER NOVAS: The Exploding Stars

How did life change to develop intelligent brains?

Throughout our universe, exploding stars can destroy planets or cause alterations in our DNA as a result of the ejected radiation. These events can affect our developing brains; one result would make us much smarter, bringing us to a higher level of intelligence.

In 1999, while drilling for oil in the South Pacific's ocean floor, drill core samples found the highly radioactive element *Iron-60* at a level of 12-feet below the surface.

In 2017, other core samples near this area indicated more than 10,000 samples of *Iron-60*.

Radioactive *Iron-60* is not produced on earth; it is only formed by a Super Nova, which means that an exploding star sent radioactive *Iron-60* particles through our Milky Way galaxy and showered the earth with radiation.

As they fell to earth, many of these *Iron-60* radioactive particles attached themselves to clouds; this, *in turn*, reflected sunlight back out into space resulting in a global Ice Age on planet earth. Also, falling radioactive *Iron-60* passed through animals, which can change their DNA.

These core samples dated between two-to-three-million-years ago, a time that coincided with the appearance of the human-like species known as *Australopithecus*, considered to be the ancestor of other early human-like species. The arrival of *Iron-60* may be the reason humans adapted and developed

increasingly more advanced, highly developed brains.

These gradual evolutionary changes would eventually led to modern humans; *Homo sapiens* - intelligent beings as a result of being in the right universe with the right mix of elements.

It was basically a simple process. God creates the energy which triggers the start of our beginning universe, which results in intelligent beings. Just like someone baking a cake, there are ingredients and a step-by-step process that will result in a delicious, edible cake.

God's process allows life to begin as it does. Just as we choose to do good or to be bad, to love or hate, a moment is given to us and we as humans have the option of following the right or a wrong path. God created the process that led to us being who we are today and who we will be as time goes on.

The Supreme Being is not just dealing with beings on earth, but is dealing with countless numbers of earth-like planets, each with its own characteristics.

Many planets within the trillions of galaxies beyond our own Milky Way galaxy will contain life in various forms. The few planets that develop intelligent beings will continue on forever after the death of their supporting bodies, regardless of the form those bodies take.

Knowing all this information, thanks to the endless work, the ongoing studies and insights of astrophysicists, archaeologists and other scientific specialists, gives us hope. It allows us to make decisions about our future, our loved ones and the person we want to become. And it very well could be

the determining factor of how our energy (soul) survives after life.

DIMENSIONS

Our biological life has restrictions on birth and death. During our time on earth, we exist in a four-dimensional world, consisting of length, width, depth and time.

When the supporting body dies, our energy (soul) is released and will now exist in fifth, sixth, seventh or additional dimensions. Scientists discuss the existence of at least six dimensions *beyond* the four named above.

These extended dimensions go beyond and do not include time. There is no need for measurements of length, width or depth because energy exists forever and matter (as with the physical body) does not exist beyond the fourth dimension. So, in our afterlife, there are no restrictions; just everlasting energy existence. As is often states, the body may be gone, but the soul lives forever.

Perhaps our soul passing through the boundaries of the fifth dimension produces a unique form of energy, the flow of which may cause the buildup of some special static electricity such as triggered the Big Bang effect that started our universe.

Matter can not flow into the other dimensions; only energy can do so. We need the four dimensions to be born, to come into existence. The dimension of time allows us to experience our surroundings as we move through life on earth. The ultimate goal as intelligent energy is to experience all the other dimensions in the great beyond.

OUR SOULS AND MINDS

Earth's perfect conditions have given birth to all living things here now and in the past. Humans hold that extremely rare energy that has bestowed on us the ability to understand where we came from, where we are and where we will go.

We have one chance to enjoy our relatively brief time on earth and, when it is time, our soul (energy) simply leaves the host body. The soul is the guardian of who we are as individuals.

We are so tiny in comparison to the massive universe, yet our actions can affect life everywhere on earth, like ripples on a pond from the splash of a pebble. Our brains code all of our thoughts and memories, but our souls (energies) maintain all we know and care about.

Our bodies give us life. Moments in a person's life may forever touch their soul and it is that soul (energy) which is the passport to new dimensions and eternal being. Our minds seem complex during life on earth but will expand to perceive what we experience in the beyond.

We are like a seed, waiting for soil and water to germinate. A seed can never perceive its potential to grow into a wonderful plant. We look at a seed laying on a table next to a grown green or flowering plant and it just seems impossible that the simple, basic seed could become living vegetation with soil, sunlight and air to nurture its development.

The energy within both the seed and the resulting

plant enables it to continue on; an internal process and mission to grow and survive. In much the same way, our soul/energy is triggered by birth to leave its body and follow the path to God.

A butterfly doesn't exist without first being a caterpillar. Trapped within the crawling caterpillar's body is the energy and body of the flying butterfly. We never see the butterfly inside the caterpillar; only after the butterfly leaves the cocoon does the wonderful creature come into being.The butterfly sees through new eyes, yet its caterpillar life will always be part of what it was and what it is now.

Like the caterpillar, we are destined to to cross an unknown boundary and change our earthly form to take the next step on our journey. Will the contents of our minds stay with us?

To understand our minds, we only have to look at our dreams. We see color, feel emotion as our mind places us in life situations with no predetermined ending. The flowing energy in our mind allows us to see without eyes, feel without touching, speak without a voice and hear without using our ears.

All this mindfulness occurs in our brain, yet the geniuses of human history, such as Stephen Hawkins and Albert Einstein, used only 10- to 15-percent of their brain.

Living things don't waste energy growing non-useable biological parts. Everything within our body is there for a reason - to get to our ultimate goal of life with God in a place we call the beyond, the afterlife or heaven.

Why, then does life produce such large brains? The

same brain that houses our individual energy (our soul). What is the purpose of the additional 85- to 90-percent of our brain?

If we are capable of being everything and more that we can be using only a small percent of our brains, what must the rest of our mind be doing? Is it the path of access to the soul?

We know we exist and that each of us is an individual with unique talents, emotions and opinions. A majority of us believe our physical life on earth is just a stepping stone toward a forever we can not yet fully understand.

So, shouldn't we respect one another's individuality - even if ours differs - to ensure everyone enjoys their relatively short life on earth*?*

Shouldn't we all be working toward the same goal, the true meaning for our birth, of making a difference and getting home to heaven as we each envision it?

There is one very important thing we all have in common - life itself and the responsibility to stop and think about the significance of our brief lives.

The bottom line is that every single life is important. A simple and effective way of living is to follow the guideline "just do the right thing." This is the foundation of all spiritual and theoretical teachings through history because it is based on undeniably positive actions.

Living a good and kind life also offers the comfort that what you do now affects the authentic self within your mind and paves the way to heaven after our bodies cease to be.

All we have to do is be fair and respectful to

ourselves, our families, friends, pets, our neighborhoods and the nation. In other words, treat others as we each deserve to be treated.

Every positive action that helps even one living being thrive and fulfill its destiny is key to a happy, healthy and united world in God's universe. The rewards are plentiful if we just do the right thing.

* * *

A man is moral only when life is sacred to him, that of plants and animals as well as that of his fellow man, and when he devotes himself helpfully to all life that is in need of help.

Albert Schweitzer, theologian (1875-1965)

A MESSAGE OF HOPE AND LOVE

You and I are the same. We are One Nation under God with Liberty and Justice for All!

As a father and grandfather, I have for decades researched facts and theories about who we are, how we use our God-given gifts and where we are going in a future existence beyond life on earth. My studies have been based on my scientific career, my advocacy for peace and being raised in a religious environment.

And now, I want to share my insights of our soul's journey. It's a simple reminder of how we became living beings and about the physical process of life that ends with the release of energy known as the soul.

Hopefully, the message that we are all the same will be read and taken to heart. We have differences that make us unique, but we are all citizens of planet earth; we are all God's children.

At this time, with a global virus war that affects us all, compassion and care, love and respect for each other should be our primary concern (and for many people it is, as shown in the many cases of unselfish behavior witnessed during disasters).

No matter what our individual beliefs are, we must always remember children are the most important aspect of our lives.

But the peaceful future we visualize for our children is on the brink of destruction and We the People need to live according to our American principles by basing words and actions on ethics, truth and reverence for the gift of life.

For the future of successful civilization on earth, we must work together to stop the hatred, the harm, the killing of our fellow citizens. Our job as responsible adults is to teach the children to live with kindness, tolerance and appreciation for every one of God's living beings.

As Jesus said, find truth and goodness and you will live in peace. His words have never been more important than in today's world. Disrespectful and destructive input can quickly spread by way of computers, displacing the common sense of God's Ten Commandments.

It is time to get off the computers and pay attention to living a good and respectful life. For the love of our children, our families and every other living soul, we must all be the decent people we know we are within.

We must make our choices according to the laws of virtuous living as shared with us by God and through Jesus.

We all travel the same path on our journey beyond earth. Surely, what we do here determines our heavenly eternity.

I ask everyone reading this to do *Just One Thing* to help our children, our family, friends and fellow earth travelers. It does not have to be a major thing; in fact, it is often the chain reaction created by many small things that encourages broad changes or makes a profound difference in people's lives.

Ask yourself this question and answer from your heart. "Is life better now than when I was growing up and is the future for the children and grandchildren going to be better than life is today?"

We all want peace, health, security and a way to live with respectability and pride in the environment we grow for our families by passing on our experiences and hopes for better tomorrows.

We the People are the ones willing to do everything we can to ensure this happens. And there are also the ones who are ready to take an extra step by joining the military to protect and preserve our nation and its citizens.

If every person does *Just One Thing* toward a mutual goal of love, compassion, unity and understanding, we will all see the results of a future governed by ethical, cooperative and just principles.

As a result, our journey both on and beyond this earth will be a success.

* * *

Imagine all the people, sharing all the world ... living life in peace. No need for greed or hunger, a brotherhood of man. You may say I'm a dreamer, but I'm not the only one. I hope some day you'll join us. And the world will be as one.

Words and music
John Lennon (1940 -1980)

FINAL THOUGHTS

Children here and around the world are the hope of the future; the common bond for a brighter tomorrow. We all want the best for our families, especially the youth. So, as parents and teachers, we must work together with leaders in business and government to make the future world a safer and better place for our children to grow up in and eventually start their own families. The younger generation today speaks with passion and sings with hope that adults will listen to their words and respond with encouragement to work toward global awareness, positive actions and a goal of peace on earth. We can do it!

Barry James

ABOUT THE AUTHOR

Barry James, M.S., is a vertebrate paleontologist as well as a civil rights and animal rights activist. He was brought up in a religious family and, through the years, has studied various spiritual disciplines in addition to his professional scientific career, in partnership with his wife, preparing and display-mounting real dinosaur skeletons for museums around the world. Barry embraces basic kindness and respect with a goal of achieving mutual understanding and peace.